

COUNCIL & UNIT PLANNING GUIDE

PHILMONT SCOUT RANCH

TABLE OF CONTENTS

Preface	2
Preparation for Philmont Scout Ranch	
Financial Fees & Expedition Budget	
First Aid & Health	
Travel & Transportation	24
Upon Arrival	28
Resources	31
Other Opportunities	31

PREFACE

This guide is designed to assist council contingents and units in planning a successful Philmont adventure. Your journey has already begun, and proper preparation now will result in a smoother, more enjoyable expedition.

It is important that each adult Advisor become familiar with every aspect of the trip. Equally important is sharing information with participants and their parents. Philmont is not like your local Scout camps and we understand that Philmont might not be for everyone. The stamina required to hike is much greater due to the distances traveled, elevation changes and the overall length of the trek. Every participant should understand Philmont's Risk Advisory, which can be found in the BSA Annual Health and Medical Record.

Refer to: https://www.philmontscoutranch.org/philmonttreks/trekrequirements/risks/.

It is important that everyone is aware of potential hazards. Philmont places emphasis on physical preparation including a detailed Annual Health and Medical Record. Crews should carefully select participants, taking height/weight and medical conditions into consideration.

Philmont and the Boy Scouts of America expect that all participants will conduct themselves in a Scout-like manner. An estimated 22,000 participants attend Philmont every summer from across the nation and the world. While this provides an enriching experience for participants, it also requires a great deal of respect for each other. Let the Scout Oath and Law guide your crew in ALL situations.

Please read this guide carefully. Both experienced and new Advisors will find the answers to many of their questions regarding their upcoming Philmont trek within these following pages. Good luck as you continue to prepare for the trek of a lifetime! We look forward to serving you and your crew.

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PREPARATION FOR PHILMONT SCOUT RANCH

HIGH ADVENTURE COMMITTEE

Planning and preparing for a successful expedition to Philmont Scout Ranch requires careful consideration of several different aspects of trip planning and execution. To accomplish these tasks efficiently, it helps to have a committee of interested individuals. The responsibility of planning and executing this experience should not rest in the hands of one or two individuals who are also serving as adult Advisors on the trek. Responsibilities should be divided among members of a Philmont Scout Ranch High Adventure Committee. Regardless of whether the expedition is reserved as a Council Contingent (single or multiple crews) or as a Unit Contingent (single or multiple crews), a committee will ensure that all required tasks are accomplished.

COMMITTEE PROSPECTS

- Council/district volunteers or members of a unit committee with an interest in High Adventure
- Past participants—youth and adult. Youth participants who have been to Philmont within the last ten years are great resources, and they are eligible to serve as adult Advisors if they're over 21.
- Past Philmont staff members
- Parents of participants
- Adult Advisors
- **Philmont Ambassadors**

COMMITTEE ASSIGNMENTS

- Leadership
 - Select adult Advisors for each crew and identify alternates in the event of last minute cancellations.
 - o Support the selection of youth leadership roles for each crew (Crew Leader, Chaplain's Aide and Wilderness Pledge Guia).
 - Work with Lead Advisors and provide support in using the Camping Gateway and selecting itineraries.

Promotion/Marketing

- Develop a recruiting program to ensure that all available participant slots are filled. Crews that reach the maximum capacity of 12 participants will receive the "La Docena Adventurado" Award. (Cavalcades can support a maximum of 15 participants.)
- Conduct Philmont information sessions at the local troop and council level at events such as summer camp, camporee, training events and roundtables.
- o Include information about additional Philmont opportunities such as individual programs for those that cannot join the crew due to schedule conflicts.
- Utilize all marketing channels available such as unit and/or council websites, newsletters and social media platforms.
- Continue marketing to and recruiting any potential alternate participants in the event of last-minute cancellations (both youth and adult).
- Conduct parent information nights and be prepared to address any questions and/or concerns.
- o Be prepared to organize a "Welcome Home" event to share the crew's adventure with friends and family. Use this as another opportunity to promote individual programs at Philmont for participants that are already eager to return to Philmont.

Finance

- Develop a budget. Explore as many travel options as possible to find the most cost effective means of travel and lodging for your crew(s).
- Include a contingency fund in the planning process to help cover emergencies that might arise during travel to and from Philmont as well as during your trek.

- o Utilize available scholarships. Philmont participants can apply for the Waite Phillips Scholarship, which has assisted approximately 750 Scouts every year and totals approximately \$300,000 each summer. Look for other local scholarship opportunities as well.
- Plan and support fundraising activities to help participants raise the funds needed for their travel and expedition expenses.

Transportation

- Develop travel plans that include the following:
 - Overnight accommodations
 - Meals
 - Side trips and tours
- Arrange transportation to and from Philmont Scout Ranch (Cimarron, NM) via:
 - Private vehicles
 - Public transportation
 - Charter services
- Ensure the trip plans and accommodations abide by "The Sweet Sixteen of BSA Safety" and the policies and guidelines outlined in the "Guide to Safe Scouting." (https://www.scouting.org/health-andsafety/resources/sweet16/)
- o Submit arrival and departure plans in the Camping Gateway.

Equipment

- Help and support each crew member in securing the correct equipment for the experience.
- o Coordinate the selection and procurement of all crew equipment required for the expedition.
- Coordinate special items such as crew t-shirts at http://www.toothoftimetraders.com/Custom-Crew-Program/9108/Dept.
- o Coordinate special food needs for medical and/or religious requirements.
- Assist with organizing and procuring food and equipment needed for weekend shakedown training trips.

Training

- Ensure that the crew meets the requirements for Wilderness First Aid and CPR training. (At least TWO individuals must present current training certifications upon arrival.)
- o Ensure that all your adult leaders have up-to-date Youth Protection training.
- Conduct two weekend shakedown training events.

Health & Fitness

- o Assist all members of the crew in completing their Annual Health and Medical Record. Work with the Lead Advisor to ensure that all participants meet the Philmont requirements, including the height/weight requirements.
- o Review all Annual Health and Medical Records to be sure they are complete and that each participant has included a copy of their health insurance information with their medical record.
- Develop and implement a physical fitness program for all members of the crew.
- o Track fitness activities to encourage all members of the crew to be ready for the physical demands of a Philmont trek.

SUGGESTED PROGRAM FOR PHILMONT PARENT RALLY

Purpose of Meeting

- To acquaint parents and youth with Philmont and the Risk Advisory.
- To share the calendar of events leading up to departure for Philmont.
- To inform them of procedures regarding payment of fees, BSA Annual Health & Medical Records, equipment needs, travel itinerary to/from Philmont and any other trek requirements.
- Introduce expedition leadership, both adults and youth if the latter has been determined.
- Introduce the physical fitness plan and shakedown training plan.

- Opening
- Philmont maps posted; photos of previous Philmont trips (if applicable).
- Display of snapshots, souvenirs, mementos, etc. from Philmont.
- Display of personal equipment needed with explanation for certain pieces of gear.

Meeting

- Welcome & Introductions
- What is Philmont?
 - o Presentation by a youth or Advisor who has been to Philmont on a previous trek. Include a brief history of Philmont and use Philmont's promotional videos from www.youtube.com/philmontscoutranch.
 - o Keep it brief (no more than 30 minutes).
- Administrative Details
 - Explain budget and what contributes to all costs associated.
 - Emphasize deadline of fee payments and the commitment required by each participant.
- Travel Plans
 - Uniform highly recommended for travel and Base Camp.
 - Backpack (for ALL trek related gear); mention the opportunity to rent a backpack at Philmont for financial efficiency.
 - Day pack for travel essentials.
 - Boots (sturdy, comfortable and broken in).
 - Guide for spending money during travel, at Philmont and on the trail.
 - Review organization of crews and plans for shakedown training.
- **Physical Preparation**
 - o Review and distribute Risk Advisory to all parents.
 - BSA Annual Health and Medical Record.
 - Discuss height/weight requirements, as they are strictly enforced.
 - Share fitness plan.
- Discuss the importance of parents engaging and supporting their child's success at Philmont.
- Review the plan for team building and communication.
- Distribute any forms and collect fees.
- **Question & Answer Session**
- Closing
- o Introduce the Philmont Hymn
- Notes
- o Additional parent informational/organization meetings may be necessary.
- Suggestion: Plan a cookout using dehydrated/freeze-dried menus and invite parents; Review additional fitness suggestions.

ADULT LEADERSHIP – BSA POLICY

In keeping with the policy of the Boy Scouts of America, TWO registered adult leaders 21 years old or over are required at all Scouting activities. There must be a registered female adult leader over 21 in every unit serving females. A registered female adult must be present for any activity involving female youth.

Each crew MUST have at least TWO BSA registered adult Advisors. Philmont strongly recommends that each crew participates with THREE adult Advisors. This provides flexibility in the event that an adult Advisor needs to leave the trail. For Scouts BSA troops, Advisors must be 21 or older. Each crew is required to have a majority of youth participants; the maximum number of adults (21 years and older) is four per crew.

All Venturing, Exploring, and Sea Scouting participants 18 years old but not yet 21 years old must complete an adult application, criminal background check disclosure/authorization form, and Youth Protection Training.

Coed Venturing Crews and Explorer Posts are required to provide coed leadership while en route to and from Philmont and while on trek. A coed Venturing Crew or Explorer Post must have at least one male Advisor and at least one female Advisor, each of whom must be at least 21 years old. Female Advisors are responsible for female participants and male Advisors are responsible for male participants.

Crews with coed youth members must function under appropriate co-ed unit policies.

- Council Contingent crews may have a mixed registration of Scouts BSA, Venturing, Exploring, and Sea Scout members.
- If a father and daughter (under 18 years old) are participants, the crew must have male and female Advisors 21 years old or over.

Age appropriate and separate accommodations for adults and youth are required. When staying in tents, no adults may share a tent with a member of the opposite sex unless that person is his or her spouse. No youth may share a tent with an adult or a person of the opposite sex. Youth sharing tents must be no more than two years apart in age. Refer to the 2019 Guide to Safe Scouting:

Tenting

- Separate tenting arrangements must be provided for male and female adults as well as for male and female youth.
- Youth sharing tents must be no more than two years apart in age.
- In Cub Scouting, parents and guardians may share a tent with their family.
- In all other programs, youth and adults tent separately. (Youth Protection and Barriers to Abuse FAQs)
- Spouses may share tents.

All Advisors must be physically capable of hiking and camping for the entire length of the trek. Each Advisor is expected to reflect high moral standards established by custom, traditional values, religious teaching and following the Youth Protection guidelines.

Philmont recommends that groups identify alternate adult leadership who are available to step in at the last minute in the event that an adult Advisor is unable to attend. Philmont CANNOT provide staff to meet the BSA's two-deep leadership requirement.

*Refer to Guide to Safe Scouting, No. 34416, for additional adult leadership policy.

YOUTH PARTICIPANTS

In keeping with the policies of the Boy Scouts of America, rules for participation are the same for everyone without regard to race, color, national origin, religion, age, sex, gender, sexual orientation, marital or familial status, genetic information, citizenship status, protected activity or any other status or classification protected by applicable federal, state and/or local laws.

Participants must be registered members of the BSA who will be at least 14 years old OR have completed 8th grade and be at least 13 years old prior to participation. Please do NOT request or expect any exceptions to this rule.

Youth participants must be registered members of the Boy Scouts of America and may participate in a Philmont trek in one of the following ways:

- As members of a chartered unit—Troop, Crew, Post, or Ship.
- As members of a council contingent or district contingent with required leadership.

As individuals in the Rayado men/women, Ranch Hands, Trail Crew, ROCS men/women, Order of the Arrow Trail Crew or STEM treks. (Participant age requirements vary for individual treks.)

Each participant must be capable of participating in the backpacking or horseback riding trek. Each participant must meet the health requirements as outlined in the BSA Annual Health and Medical Record.

Unregistered guests or family members are NOT permitted as there is no scheduled program or available housing accommodations for family members of trek participants.

YOUTH PROTECTION

All registered adults must have current BSA Youth Protection Training (certified within the past two years). This means all participants 18 years old and older who are registered in Venturing, Exploring, Sea Scouting or as an adult volunteer must have current Youth Protection Training. Because of the great concern the Boy Scouts of America has for the issue of child abuse in our society, the Youth Protection program has been developed to help safeguard both our youth and adult members. Adult BSA Registration requires verification of Youth Protection Training. All adults participating in a Philmont trek must be registered.

Youth Protection Training and documentation are available at your local council or online at www.scouting.org.

Philmont will strictly enforce Youth Protection policies, which include the Barriers to Abuse within Scouting.

BSA REGISTRATION

Lead Advisors must verify that all adult Advisors and youth participants are registered members of the Boy Scouts of America. Verification is also required that all participants 18 years old and older have a current certification of Youth Protection Training (within the past two years).

HAZING, INITIATIONS, & DISCIPLINE

Any form of hazing, initiation, ridicule, inappropriate teasing or bullying is prohibited and must not be allowed.

A WORD ABOUT CONDUCT

The Scout Oath and Law should serve as the guide in all interactions with other participants and staff. Philmont serves groups from many different backgrounds and it is important that each group respects each other. This includes coed and female crews and female staff. It is not acceptable to act in a manner which belittles, harasses or makes others uncomfortable.

Each group should develop a procedure regarding unacceptable behavior and conduct. The best method to accomplish this is to outline expectations before the trip, as well as consequences if a participant chooses to act in a way that is contrary to the established guidelines. Parents and guardians must be informed of these guidelines.

Remember, Advisors are responsible for their participants at all times—Philmont cannot provide supervision should a participant be removed from the trail for discipline reasons. They will be sent home at their own expense.

TOBACCO, ALCOHOL, & DRUG ABUSE

Philmont strongly recommends tobacco products not be used. Smoking and the use of smokeless tobacco is prohibited in all Philmont buildings, tents, vehicles and on all Philmont trails. If tobacco is used, it must be in designated areas.

Possession or use of alcoholic beverages or non-prescribed drugs (including marijuana) or abuse of prescribed drugs are expressly prohibited at Philmont. Groups or individuals found in violation of this policy will be sent home immediately as arranged with the responsible council or parent/guardian.

ORGANIZE YOUR CREW

YOUTH EXPERIENCE

Philmont Scout Ranch is designed to be a youth experience. Waite Phillips set forth the following statement at the time of his gift to the Boy Scouts of America:

"These properties are donated and dedicated to the Boy Scouts of America for the purpose of perpetuating faith, selfreliance, integrity and freedom—principles used to build this great country by the American pioneer. So that these future citizens may, through thoughtful adult quidance and by the inspiration of nature, visualize and form a code of living to diligently maintain these high ideals and our proper destiny."

Waite Phillips wanted the Philmont experience to focus on the youth participants.

PRACTICING THE PATROL METHOD

Your Philmont Trek will provide you an opportunity to practice many skills that you have learned while participating in your Troop, Crew, Post, or Ship. This experience brings in focus the importance of the Patrol Method. Each crew is a small group of participants much like a patrol. The crew members are close in age and experience level and working together helps them develop a sense of pride and identity. The participants elect their Crew Leader, divide up the jobs to be done and share in the satisfaction of accepting and fulfilling group responsibilities.

Three members of the crew will have a leadership responsibility that lasts the duration of the trek: Crew Leader, Chaplain's Aide, and Wilderness Pledge Guia. In addition, all members of the crew will serve in some leadership role each day, either as the primary or the assistant. Examples of rotated leadership responsibilities for the crew include: navigator, cook, dishwasher, bear bags manager, water gatherer, and fire watchman.

The camping methods practiced at Philmont Scout Ranch support the Patrol Method concept. Two examples of this include cooking and washing dishes as one group. Members of the crew will rotate throughout the trek and fulfill these important responsibilities. This allows crew members to practice servant leadership as they take on a task that will support the entire crew.

Some of the current wilderness camping methods focus on the individual. In support of the Boy Scouts of America, Philmont will focus on the crew and the accomplishments that they can achieve by working together as a team.

The Ranger/Horseman/Wrangler assigned to the crew will help the entire crew achieve the most from their Philmont Adventure!

CREW SIZE

The maximum crew size is 12 people and the minimum crew size is 8 people, including adult Advisors. These standards are strictly enforced. Each crew is required to have a majority of youth participants, and the maximum number of adults (21 years and over) is FOUR per crew.

Experience, as well as a study of wilderness emergency procedures and Low Impact Camping principles, has shown that a group of 8 to 12 people is the best size for a Philmont crew. The itineraries have been developed with this number in mind. Campsites are designed to comfortably accommodate a maximum of 12 campers. Beginning in 2020, the minimum crew size is eight.

Council contingents and other large groups should organize their crews according to hiking and camping abilities. Each crew can then choose an itinerary that corresponds to the abilities of its participants and travel at an appropriate pace.

Philmont reserves the right to combine smaller crews within contingents or multi-crew groups to maximize staff resources. Should something happen to one of the Advisors, other adult Advisors need to be prepared to move to another crew within a contingent or multi-crew group. This may involve being moved to a different itinerary if necessary.

NOTE: The maximum crew size for a Cavalcade is 15 people, including adult Advisors. A Cavalcade crew may have a maximum of five adults (21 years and over).

YOUTH LEADERSHIP

Throughout the history of the Ranch, the leadership growth of each youth member while practicing the Patrol Method has been a critical part of the total experience. This is particularly true for the Crew Leader, Chaplain's Aide and Wilderness Pledge Guia (Guide). Key leaders practicing servant leadership ensure that the crew has an enjoyable and successful trek. Adult Advisors must make every effort to help youth leaders succeed. By coaching and mentoring, adults can play a critical behind-the-scenes role. Adults make sure that safety procedures are followed and that Youth Protection policies are practiced.

CREW LEADER

A well-qualified Scout, Venturer or Explorer should be elected as Crew Leader before training begins. The Crew Leader is responsible for organizing the crew, assigning duties, making decisions and recognizing the capabilities of each crew member. He or she leads by example and discusses ideas and alternatives with the entire crew to arrive at a consensus before taking action. This responsibility requires someone with leadership ability who is respected by everyone. The adult Advisors will work closely with this individual.

The Crew Leader's responsibilities include:

- Incorporate the principles of the Scout Oath and Law into the trek experience.
- Follow the assigned itinerary.
- Complete a crew duty roster.
- Adhere to all Philmont bear and wildlife procedures.

CHAPLAIN'S AIDE

Each crew should also select a Chaplain's Aide, perhaps a member of the crew who has received a religious award in Scouting. The Chaplain's Aide is responsible for assisting the crew in being reverent during their time in the backcountry, as well as working with the Crew Leader and Lead Advisor to ensure the smooth operation of the crew.

The Chaplain's Aide will be asked to lead daily devotionals from the Eagles Soaring High booklet, lead grace before meals and encourage participation in religious services. A packet of worship resources (including the Eagles Soaring High booklet) will be provided for use along the trail during a training session on the day of your crew's arrival at Philmont. The Chaplain's Aide will guide the crew's participation in the Duty to God program and will certify completion of the Duty to God Award requirements for each crew member. (Awards will be available to purchase at the Tooth of Time Traders at the conclusion of the trek; proceeds support the Chaplain Program at Philmont).

The Chaplain's Aide's responsibilities include:

- Set a good example by living the principles of the Scout Oath and Law.
- Teach the Philmont Grace to crew and use it before meals.
- Lead Roses, Thorns and Buds each night.
- Assist the Crew Leaders and Advisors in conflict resolution.
- Provide support to fellow crew members that are having difficulties.
- Encourage fellow crew members in their own personal walk with God.
- Lead crew in daily reflections from *Eagles Soaring High* booklet.
- Encourage the crew to attend chapel services in Base Camp and in the backcountry if services are available on the crew's itinerary.

WILDERNESS PLEDGE GUIA

Each crew will select a Wilderness Pledge Guia. This individual will help the crew understand the principles of the Philmont Wilderness Pledge and Leave No Trace principles. This person helps the crew focus on camping practices that adhere to wilderness ethics outlined in the two approaches and ensures that the crew follows all Philmont camping practices. With more than 22,000 participants camping each summer at Philmont, it is important that each person do their share to ensure that we protect Philmont and our neighbors' properties for generations to come. The Wilderness Pledge Guia will certify completion of the Wilderness Pledge Achievement Award requirements for each crew member. (Awards will be available to purchase at the Tooth of Time Traders at the conclusion of the trek; proceeds support the Sustainability Program at Philmont).

The Wilderness Pledge Guia's responsibilities include:

- Learn the principles of the Wilderness Pledge and Leave No Trace
- Assist the crew in implementing Wilderness Pledge and Leave No Trace principles throughout your trek.
- Guide the crew in discussions about wilderness ethics by focusing on a different principle of Leave No Trace for seven days on the trail.
- Help the crew follow all camping practices as outlined by their Ranger and strictly follow Philmont's bear and wildlife procedures.
- Help crew members earn the Wilderness Pledge Achievement Award with the help of the Ranger/Horseman/Wrangler.
- Lead the crew in preparation and completion of the scheduled conservation project while on the trail.

LEAD ADVISORS

The Lead Advisor is the principle Advisor responsible for coordinating a successful Philmont experience for each member of the crew. All adults support the Lead Advisor in accomplishing the duties of an Advisor.

Advisors' main role is to coach, mentor and support the Crew Leader, Chaplain's Aide and Wilderness Pledge Guia. By doing this, the youth leaders will gain leadership experience throughout the trek and will be able to help all members of the crew develop into a strong team.

Advisors should ensure the safety and well-being of each crew member through:

- First aid treatment.
- Administration of required medications.
- Proper water purification.
- Supervision any time a stove is in use.
- Guidance and support in emergency situations.

Advisors also help foster positive crew dynamics, help settle disputes between members of the crew, assist with administering proper discipline if required and ensure that the crew operates following all Youth Protection guidelines.

EXPEDITION TRAINING & PLANNING

To ensure the success and enjoyment of a Philmont trek, proper training and planning needs to occur. Each crew should conduct several backpacking trips to prepare each member physically and mentally and to mold the unit into an efficient camping crew. Philmont encourages crews to conduct at least two shakedown weekend trips. Step-by-step guides have been prepared for your reference to conduct these weekend training trips. Shakedown Guides Part 1 and Part 2 can be found at https://www.philmontscoutranch.org/philmonttreks/shakedown/.

Participants on most Philmont treks are eligible to earn the 50-Miler Award. Ten hours of conservation service are required to earn the award. Each participant will complete three hours of conservation service during their trek. Crews are encouraged to conduct an activity that allows time for seven hours of conservation service prior to their trek. By

completing the additional service prior to the trek, each member of the crew will be eligible to receive the 50-Miler Award upon their return home.

PROPER GEAR

Please reference the shakedown guide above for the full list of gear you should bring to Philmont. Over the years, Philmont staffers have tested many different pieces of equipment and methods with thousands of participants in the backcountry. They have found the gear suggestions below to be best suited to the program and environment here at Philmont.

STOVES

MSR Whisperlight- This stove is the most prominently used stove in the Philmont backcountry by staff and crews alike. Over the past 30 years we've found this stove to be the most effective way to practice the patrol method within crews and the most efficient way to cook for them.

Jetboil/Isobutene- This stove is a fantastic tool for individual use on the trail at Philmont. While not an adequate tool to practice the patrol method, these stoves are great for personal use such as making coffee and tea in the mornings. Please do not bring these as your crew's stoves as they will not meet the requirements for cooking on the trail at Philmont.

GAS

White gas may be purchased at Outfitting Services, located at Camping Headquarters. White gas and canister fuel is also available on the trail, at commissary camps where you pick up food. Check the O-rings on your fuel bottles to prevent leaks. If your stoves are without fuel lines to fuel bottles, a small funnel is recommended for easy transfer of liquid fuels.

ADVISOR'S PACKET

In March of the year your crew is scheduled to come to Philmont, each registered Lead Advisor will be sent a packet of materials for the crew. Included will be *The Guidebook to Adventure* (a copy for each member of the crew), an overall Philmont map, insurance pamphlet, and a letter from the Camping Director. The Lead Advisor's packet contains all the information needed for your Philmont trek. If lead advisors are not entered into The Camping Gateway, the advisor packet is mailed to the reservation contact of the expedition. This person will be responsible for distributing a packet to each crew's Lead Advisor.

Please notify Philmont if a change occurs in the Reservation Contact or if their address or email changes, as updates are emailed occasionally.

PHILMONT CAMPING GATEWAY

The Philmont Camping Gateway is an online platform specially designed to help units register and plan for a successful Philmont trek. If you registered your unit to attend Philmont, then you have already accessed the Camping Gateway. After registration, units can access the Camping Gateway to find updates such as waitlist position and payment schedules.

After Philmont records the first payment for a reservation, the Camping Gateway will send a special email to the Reservation Contact with a link to access their invoice. A link to the Roster will be emailed in August. The Camping Gateway will walk the Reservation Contact through selecting their crew Lead Advisor(s). Each Lead Advisor will be responsible for entering participant information for each member of their crew. Lead Advisors will receive an email regarding itineraries and itinerary selection.

Reservation Contact: This person creates the initial Philmont reservation and is the primary contact for payments and planning. The Reservation Contact will often continue to serve as the Contingent Leader. Sometimes the Reservation Contact is also a Lead Advisor. Lead Advisor: Each Philmont crew has one designated Lead Advisor. This adult organizes their crew and enters information for each crew member into the Philmont Camping Gateway prior to arriving at Philmont.

RECOMMENDED PREPARATION PLAN

It is important to have a detailed plan to help organize your crew to prepare for their Philmont adventure. This plan provides a breakdown of tasks and actions by quarter and month. A space is available to insert the name of the person responsible for completing the item.

(U) – Unit, (CC) – Council Contingent

ecruit a Philmont High Adventure Committee; conduct monthly meetings (CC, U)	
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onduct critique with previous years' expedition Advisors (CC)	
ouncil Philmont Kick-Off (CC)	
etermine attendance objective for councils & districts (CC)	
tablish schedules for mailings, meetings, promotions (CC)	
onfirm two-deep leadership per crew with at least one alternate (CC, U)	
nnounce details in council bulletin and provide Philmont updates, noting leadership articipation, trip details, age/grade requirements and height/weight requirements r participation (CC)	
are Philmont plans with Camping Committee (CC)	
are Philmont plans with Unit Committee (U)	
omote Philmont at Roundtables (CC)	
ecruit participants and collect Reservation Fee Payment from each participant (CC,	
ansmit Reservation Fee Payment to Philmont (U – Jan. 31, CC – May 1)	
nter Crew Roster on the Philmont Camping Gateway; Lead Advisors will be able to nter, update, or modify information (CC, U)	
ontinue recruiting members of the Philmont High Adventure Committee; conduct onthly meetings (CC, U)	
ollect Advance Fee Payment from each participant (CC, U)	
ansmit Advance Fee Payment to Philmont (due Oct. 1, CC, U)	
nilmont High Adventure Committee meets with all selected expedition Advisors and reviews plans (CC)	
onduct Philmont Parents' Rally (CC, U)	
gn up 100% of quota (CC)	
are Risk Advisory Statement with parents (CC, U)	
range transportation and overnight accommodations to and from Philmont (CC, U)	
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antition of a state of the stat	termine attendance objective for councils & districts (CC) tablish schedules for mailings, meetings, promotions (CC) Infirm two-deep leadership per crew with at least one alternate (CC, U) Innounce details in council bulletin and provide Philmont updates, noting leadership reticipation, trip details, age/grade requirements and height/weight requirements participation (CC) are Philmont plans with Camping Committee (CC) are Philmont plans with Unit Committee (U) promote Philmont at Roundtables (CC) cruit participants and collect Reservation Fee Payment from each participant (CC, ansmit Reservation Fee Payment to Philmont (U – Jan. 31, CC – May 1) ter Crew Roster on the Philmont Camping Gateway; Lead Advisors will be able to ter, update, or modify information (CC, U) mitinue recruiting members of the Philmont High Adventure Committee; conduct onthly meetings (CC, U) lettlect Advance Fee Payment from each participant (CC, U) ansmit Advance Fee Payment to Philmont (due Oct. 1, CC, U) infimont High Adventure Committee meets with all selected expedition Advisors of reviews plans (CC) mucut Philmont Parents' Rally (CC, U) n up 100% of quota (CC) are Risk Advisory Statement with parents (CC, U) trange transportation and overnight accommodations to and from Philmont (CC, U)

MONTH/SEASON	SUGGETED ACTION	PERSON RESPONSIBLE
November the	Apply for Waite Phillips Scholarship (due Nov 30, U)	
year before your trek/January the year of your trek	Each participant should schedule a medical exam; review completed medical forms prior to shakedown training (CC, U)	
	Continue updating Philmont news in council bulletin (CC)	
	Begin physical fitness plan (CC, U)	
	Conduct shakedown training weekends (at least two recommended) prior to arrival at Philmont; start moderate and gradually increase pack weight and difficulty (CC, U)	
	Submit Scholarship Certification Form to Philmont by stated due date (CC)	
	Review "Sweet 16 of BSA Safety" (CC, U)	
February/April the	Conduct Philmont High Adventure Committee monthly meeting (CC, U)	
year of your trek	Transmit Final Fee Payment to Philmont by March 1 (CC, U)	
	Receive Advisor's Packet: includes <i>The Guidebook to Adventure,</i> insurance pamphlet, and an overall Philmont map (CC, U)	
	Continue physical fitness training (CC, U)	
	12-Day, 9-Day, and 7-Day reservations complete the online Itinerary Selection through the Camping Gateway (CC, U)	
	Share Accident and Sickness Insurance information, Risk Advisory Statement, Expedition Number and Philmont Address & Emergency Phone Number with parents (CC, U)	
	Complete and confirm details for travel plans (CC, U)	
	Continue physical fitness training (CC, U)	
May the year of your trek	Conduct Philmont High Adventure Committee monthly meeting (CC, U)	
	Complete Crew Roster and Arrival & Departure Information online in the Camping Gateway at least two weeks prior to arrival (CC, U)	
	Prepare a press release story for your local news publications; press release forms can be found online at www.philmontscoutranch.org/pressrelease.aspx (CC, U)	
	Continue physical fitness training (CC, U)	
June/July/August the year of your trek	BRING TO PHILMONT: Completed BSA Annual Health and Medical Records, Wilderness First Aid & CPR certifications (CC, U)	
CON	Email philmont.logistics@scouting.org or call Logistics at (575) 376-2281 with any last minute changes to arrival plans (CC, U)	
	Conduct Philmont High Adventure Committee Meeting to review the experience & evaluate preparation for the next High Adventure experience (CC, U)	
	Plan family follow-up event to share photos and stories (CC, U)	

FINANCIAL FEES & EXPEDITION BUDGET

The 12-Day expedition fee is \$1025 for each participant in 2020, youth or adult. A reservation fee of \$100 per participant (including adult Advisors) is required to hold your arrival date. Refer to your last invoice for your specific payment schedule.

ALL fees (Reservation, Advance and Balance as indicated in the payment schedule) are NON-REFUNDABLE and NON-TRANSFERABLE to the balance of fees in the event of cancellation. Be cautious of making reservations or paying fees for those who have not made a financial commitment.

Refer to the refund policy here: https://www.philmontscoutranch.org/philmonttreks/fees/.

Philmont must commit financial resources to employ staff, purchase food and supplies, and prepare for summer operations. Participants are therefore also required to make a financial commitment to attend. Be conservative in making reservations to avoid losing fees due to cancellations. Additional crew participants can be added to fill a crew to 12 members. Fees for additional participants can be included with your advance payment due October 1, the balance payment due March 1 or upon arrival at Philmont.

Should your registration decrease by one crew or more, you will be eligible for a refund of the Advance and Balance fees IF a replacement crew(s) is secured from the wait list. The refund will be limited to the fees paid by the number of participants registered with the replacement crew. Please notify Philmont as early as possible so replacements crews can be secured.

SEND FEES TO: Camping Registrar

> **Philmont Scout Ranch** 17 Deer Run Road Cimarron, NM 87714

2020 FEE PAYMENT SCHEDULE

Be sure you have completed and submitted the Reservation Form with the initial fee payment.

	AMOUNT DUE (Per Person)				
TRANSMITTAL	12-Day Trek	9-Day Trek	7-Day Trek	Cavalcade	DUE DATE
Reservation	\$100.00	\$100.00	\$100.00	\$100.00	With Reservation Form
Advance	\$462.50	\$400.00	\$260.00	\$362.50	October 1, 2019
Balance	\$462.50	\$400.00	\$260.00	\$362.50	March 1, 2020
	\$1025.00	\$900.00	\$620.00	\$825.00	

2021 FEE PAYMENT SCHEDULE

Be sure you have completed and submitted the Reservation Form with the initial fee payment.

	AMOUNT DUE (Per Person)				
TRANSMITTAL	12-Day Trek	9-Day Trek	7-Day Trek	Cavalcade	DUE DATE
Reservation	\$100.00	\$100.00	\$100.00	\$100.00	With Reservation Form
Advance	\$482.50	\$432.50	\$310.00	\$380.00	October 1, 2020
Balance	\$482.50	\$432.50	\$310.00	\$380.00	March 1, 2021
	\$1065.00	\$965.00	\$720.00	\$860.00	

SCHOLARSHIPS

Philmont offers scholarships to young people through the generosity of a gift made by Waite Phillips in the 1960s. The funds are distributed by two primary methods:

- 1. Funds are allocated to each council with a contingent participating at Philmont. If you have young people who need financial assistance, contact your local Scout Service Center about the availability of scholarship money. Youth apply to the council and the award amount is credited after the certification form is received by Philmont.
- 2. Individual units (Scouts BSA Troops, Venturing Crews, Explorer Posts) may apply for a Waite Phillips scholarship. Each crew may apply for one scholarship worth \$375. Application forms are emailed to Reservation Contacts and are due back to Philmont by November 30 prior to the upcoming summer. This scholarship is to help make it possible for a youth member to participate who might not otherwise be able to experience Philmont.

If you have questions about Philmont scholarships, please contact camping@philmontscoutranch.org.

BUDGET

In establishing the actual fee for each participant, please review the budget worksheet found below. It is important to include all expenses.

2020 Individual Cost:

\$1025 - 12-Day Trek

\$900 - 9 Day Trek

\$620 - 7-Day Trek

\$825 - Cavalcade

2021 Individual Cost:

\$1065 - 12-Day Trek

\$965 - 9 Day Trek

\$720 - 7-Day Trek

\$860 - Cavalcade

CONTINGENCY FUND

Groups should have a contingency fund to cover unexpected expenses such as emergency transportation, roadside repairs, equipment failure or additional luggage fees.

FEE & DESCRIPTION	TOTAL FEES (\$)
Philmont Fees	
Covers all Philmont meals, tents, cooking gear, program	
resources, camper's insurance, Advisor's packets,	
medical care, chaplain services, use of horses and	
burros, Philmont Arrowhead patch, crew photo, etc.	
All Philmont participants are charged the same fee.	
Transportation	
Transportation costs to and from Philmont. Be sure to	
check insurance coverage on packs and gear in transit.	
Meals & Lodging	
All meals and lodging en route to and from Philmont	
(use of military bases helps cut down expenses).	
Include gratuities and occasional treats along the way.	
Training	
Meals and other incidental costs for weekend training	
events.	
Promotion	
Costs for promotion including production of all	
material, postage, etc. including hats and/or t-shirts.	
Equipment – Purchase or Rental	
Include purchase or rental of any equipment or	
supplies required by expedition. Expeditions are	
required to bring backpacking stoves. (Crews using	
commercial transportation must ship their stoves and	
fuel bottles using ground service only prior to their	
arrival).	
Side Trips & Tours	
During travel to and from Philmont	
Contingency	
Allowance for any contingency during the trip that may	
require unexpected expenditures. Refund at the end of	
the trip if unused.	
Philmont Scholarship	
Waite Phillips Scholarships are available from Philmont	
by two primary methods—your local council or directly	
through the contact of a unit reservation. Deduct if you	
have a participant who receives financial assistance.	
TOTAL	\$ \$

FIRST AID & HFAITH

WILDERNESS FIRST AID & CPR

Wilderness First Aid is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care of a physician and/or rapid transport is not readily available. Wilderness First Aid training is a 16-hour course. Wilderness First Aid and CPR training will result in proper and prompt attention being given to injuries and/or illnesses.

Philmont requires that each crew have two participants who have completed Wilderness First Aid and two participants with CPR training. Current certification cards must be presented upon check-in to verify this requirement. With two Wilderness First Aiders and two CPR trained members on the trek, the crew will be better equipped to handle emergencies. This requirement can be met by youth and/or adult participants.

Equivalent training can be obtained from the following nationally recognized organizations:

American Red Cross – www.redcross.org

American Safety and Health Institute (ASHI) - www.ashinstitute.org

Emergency Care and Safety Institute – www.ECSInstitute.org – Wilderness First Aid Advanced Level Course

Longleaf Wilderness Medicine – www.longleafmedical.com

National Safety Council – <u>www.nsc.org</u> – NCS Advanced First Aid

National Ski Patrol – www.nsp.org – Outdoor Emergency Care

Remote Medical International – www.remotemedical.com

Sierra Rescue – www.sierrarescue.com

SOLO - www.soloschools.com

The Mountaineers – www.mountaineers.org – Mountaineering Oriented First Aid

Wilderness Medical Associates (WMA) - www.wildmed.com

Wilderness Medicine Institute (WMI) - www.nols.com/wmi/

Wilderness Medicine Outfitters – www.wildernessmedicine.com – Distance Learning Course does NOT qualify)

Wilderness Medicine Training Center – www.wildmedcenter.com

Wilderness Safety Council - www.wfa.net

Wilderness Safety & Emergency Response (W.I.S.E.R.) – www.wiser-wfr.com

The Boy Scouts of America, the American Red Cross and the Emergency and Safety Institute (ECSI) have national agreements with the primary goal to help councils become self-sufficient in teaching First Aid Courses. Wilderness First Aid is a specified course in these agreements. Visit with your council service center for more information about the implementation of the agreements that are working with your council.

Philmont will accept the following advanced levels of training. A copy of the current license or certification must be shared with Philmont during the registration process. Remember to bring cards or certifications for verification.

- Wilderness First Responder
- Outdoor Emergency Care/Ski Patrol
- EMT-Basic, EMT-Advanced or Paramedic
- Military Corpsman, Medic or Equivalent Medical Training
- **Registered Nurse**
- Licensed Nurse Practitioner
- Licensed Physician's Assistant
- Licensed Physician, MD or DO

RELIGIOUS BELIEFS & MEDICAL CARE

The following is the policy of the Boy Scouts of America regarding medical requirements:

Medical examinations for camp attendance are required of all campers for the protection of the entire camp group. The immunization requirement is waived for persons with religious beliefs against immunization. This form can be obtained at https://www.philmontscoutranch.org/philmonttreks/healthform/.

HEALTH & MEDICAL RECORD

Every camper and Advisor is required to have a medical evaluation done by a physician licensed to practice medicine within 12 months of his or her participation date. An annual health and medical record is valid through the end of the 12th month from the date it was administered by your medical provider. An examination conducted by a physician's assistant or a nurse practitioner will be recognized. The Annual BSA Health and Medical Record form must be used. This form is available on Philmont's website at www.philmontscoutranch.org/resources/philmonthealthform.aspx. Parts A, B, C and the Philmont Supplemental Information should be downloaded and completed for each crew member. Advisors are to collect and hold the forms, which are to be turned in at the Infirmary during Day One Base Camp procedures. Advisors should review each participant's medical form, be familiar with any health restrictions, check for parental and physician's signatures, and be certain that a copy of each participant's health insurance card is attached.

Philmont Scout Ranch Supplemental Information should be read by each participant and their parent or guardian. It should also be shared with the medical provider completing the medical evaluation. The Supplemental Information contains helpful information and interpretation.

An individual should always contact the family physician first and call Philmont at (575) 376-2281 if there is a question about the advisability of participation. Philmont's Chief Medical Officer and other medical staff of the Philmont Infirmary reserve the right to make medical decisions regarding participation of individuals at Philmont.

FIRST AID KIT

Each crew must bring a first aid kit. The Guidebook to Adventure, available in the Lead Advisor packet, will contain recommended first aid kit supplies. Many over-the-counter medications are available at the Tooth of Time Traders.

Each crew carries its own first aid kit to treat minor cuts, bruises, scratches and burns. More serious cases must be treated by Philmont's medical staff, which includes doctors, nurses and medical students. All staff camps have two-way radios for reporting serious illnesses and injuries to the Philmont Infirmary.

These items are recommended for a first aid kit to be used by a crew en route to, during and returning home from a Philmont trek.

25 Assorted Band-Aids	Blister Kit
10 Gauze Pads 4x4	Antihistamines (Benadryl)
1 Tape Roll 1" x 5 yards	Disposable Alcohol Wipes
1 Elastic Bandage 4"	Triple Antibiotic Ointment
Hydrocortisone Cream	CPR Barrier Device
Tylenol	Triangular Bandage
Ibuprofen	Small Scissors
Antacids	Throat Lozenges
Medicated Foot Powder	Tweezers
Non-Latex Gloves	Ziploc or Small Biohazard Bag

A number of Philmont employees are certified by the New Mexico State Police to serve as Field Coordinators for search and rescue operations. When necessary, Philmont can request resources from throughout the state of New Mexico and adjacent states including trained search and rescue personnel (in addition to the Philmont staff), search dogs, trackers, helicopters and other support. Philmont has written plans for managing different types of emergencies that may arise.

The most common injuries and illnesses treated at Philmont are:

- Sprains (knee or ankle)
- Abrasions/lacerations
- Altitude sickness
- Dehydration
- Upper respiratory infections
- Upset stomach
- Sore throat

First aid providers should be knowledgeable in recognizing and treating these ailments.

FOOD ALLERGIES & DIETARY RESTRICTIONS

Philmont trail food is a high carbohydrate and high caloric diet by necessity. It is high in wheat, milk products, sugar and corn syrup and artificial coloring/flavoring. If an individual in your crew is allergic to some food products in our menu or requires a special diet, suitable replacement food must be purchased at home and brought to Philmont to replace those items. Philmont asks that food substitutions be made ONLY for medical (including allergies) or religious reasons. All food shipped to the backcountry is subject to inspection to ensure the best delivery method. There is no fee reduction for individuals who bring their own food.

If you think you may need replacement food, go to https://www.philmontscoutranch.org/philmonttreks/dining/ to find the menu and ingredients list. The list for the summer menu will be available online May 1 each year. Review the list and determine which items in each meal would cause a problem and replace with substitute food items. Keep in mind that Philmont participants need approximately 3,000 calories per day.

All meals are numbered 1 to 10. Package the substitutes for each meal together in a plastic bag and label them each with your expedition number, the person's name and the meal that the substitute food bag is needed for (ex: Lunch 5). Do this for all items that need to be substituted in all meals. The key is to be sure all bags are clearly labeled.

On the afternoon of your arrival at Philmont, your crew's Ranger/Horseman/Wrangler, the Crew Leader and the individual(s) needing the substitute food should bring their food bags and the crew's Crew Leader Copy to Logistics. The Logistics staff will then group the meal by backcountry commissary and will arrange for them to be delivered. At the time of your backcountry food pickup, both the standard-issue meal bags and the substitute food bags will be available at the commissary. Everyone is issued the standard meal bags and it will be the responsibility of the person(s) with food substitutes to remove the items they cannot have.

Appropriate substitutions can be arranged for food served in the dining hall by speaking with the dining hall manager upon your arrival at Philmont.

KOSHER/HALAL TRAIL MENU

Philmont supports a Kosher/Halal trail menu. Philmont has requested that all food suppliers bid products that are identified as Kosher/Halal. To assist crews in identifying the items that are Kosher, the menu has an identification mark by each item that qualifies.

Crews or individuals that require a Kosher/Halal trail menu may bring substitutes for items that are not Kosher/Halal for each meal. These items must be prepared as outlined in this section.

My Own Meal products are available at Philmont as a substitute for the entre in the dinners and need only to be immersed in boiling water for five minutes to be ready. All of the products used in My Own Meal are Glatt Kosher and are Halal. Philmont has Kosher vessels (brand new and not used) available. We recommend that Jewish and Muslim

Scouts either bring their own trail stove or purchase one at Philmont so that they do not have to wait for a crew stove to boil their water and as a result, not eat at the same time as their crew members.

Philmont Scout Ranch will do its best to provide specific information to help in planning meals for Jewish and Muslim Scouts. Substitute food items that are brought to Philmont and substitute My Own Meal products provided by Philmont will be packaged using the process described in this section and delivered to specific commissaries to match the meals they are needed for.

You may direct specific questions or concerns to the Philmont Jewish Chaplain or the Philmont Scout Ranch Director of Camping Services by emailing camping@philmontscoutranch.org.

MEDICATIONS

Each participant at Philmont who has a condition requiring medication must bring an appropriate supply. The pharmacy at the Philmont Infirmary is limited and identical medications may not be available. In certain circumstances, duplicate or even triplicate supplies of vital medications are appropriate. Participants will be charged for maintenance medications or medications that should have been brought to Philmont and are dispensed by the Philmont Infirmary.

IMMUNIZATIONS

Each participant must have received a tetanus immunization within the last 10 years. Immunization against contagious diseases is strongly recommended (including MMR, varicella, hepatitis A and B, and meningococcal disease). Participants who do not have immunizations because of medical issues or personal religious beliefs in accordance with New Mexico state law must complete the Philmont Immunization Exemption Request Form.

HYPERTENSION

Upon arrival at Philmont, all adult participants 21 years old and older will have their blood pressure checked. Participants should have a blood pressure less than 140/90. People with hypertension (blood pressure greater than 140/90) should be treated and have their blood pressure controlled before attending Philmont, and they should continue on medications while participating. The goal of treatment should be to lower the blood pressure to normal levels. Those individuals with blood pressure consistently greater than 160/100 at Philmont may be kept off the trail unless their blood pressure decreases.

SEIZURES (EPILEPSY)

The seizure condition must be well-controlled by medication. A well-controlled condition is one in which a year has passed without a seizure. Exceptions to this guideline may be considered on an individual basis and will be based on the specific type of seizure and likely risks to the individual and/or other members of the crew. Visit Philmont's seizures webpage for more information.

DIABETES

Both the person with diabetes and one other person in the group need to be able to recognize signs of excessively high or low blood sugar. An insulin-dependent person who was diagnosed or who has had a change in delivery system (insulin pump) in the last six months is advised not to participate. A person with diabetes who has had frequent hospitalizations or who has had problems with low blood sugar should not participate until better control of the diabetes has been achieved. If an individual has been hospitalized for diabetes-related illnesses within the past year, the individual must obtain permission to participate by contacting the Philmont Infirmary at (575) 376-2281.

ASTHMA

Asthma must be well-controlled before participating at Philmont. Well-controlled asthma may include the use of longacting bronchodilators, inhaled steroids or oral medications such as Singular.

In this instance, "well-controlled" means:

- A rescue inhaler is used less than two times per week.
- Nighttime awakenings due to asthma symptoms occur less than two times per month.

You will NOT be allowed to participate if:

- You have asthma NOT controlled by medication.
- You have been hospitalized or gone to the Emergency Room to treat asthma in the past six months.
- You have needed treatment by oral steroids (prednisone) in the past six months.

You must bring ample supply of your medication and a spare rescue inhaler, none of which are expired. At least one other member of the crew should know how to use the rescue inhaler. Any person who has needed treatment for asthma in the past three years must carry a rescue inhaler on the trek. If you do not bring a rescue inhaler, you must buy one before you will be allowed to participate. Visit Philmont's asthma webpage for more information.

ALLERGIES & ANAPHYLAXIS

People who have had an anaphylactic reaction from any cause must contact the Philmont Infirmary before arrival. If you are allowed to participate, you will be required to have appropriate treatment with you. You and at least one other member of your crew must know how to administer the treatment. If you do not bring appropriate treatment with you, you will be required to buy it before you will be allowed to participate. Visit Philmont's allergies webpage for more information.

RECOMMENDATIONS FOR CHRONIC ILLNESSES

Adults or youth with any of the following conditions should undergo an evaluation by a physician before considering participation at Philmont.

- Chest pain, myocardial infarction (heart attack) or family history of heart disease in any person before age 50
- Heart surgery, including angioplasty (balloon dilation), to treat blocked blood vessels or place stents
- Stroke or transient ischemic attacks (TIAs)
- High blood pressure
- Claudication (leg pain with exercise caused by hardening of the arteries)
- Diabetes
- Smoking or excessive weight

RECENT MUSCULOSKELETAL INJURIES & ORTHOPEDIC SURGERY

Participants will put a great deal of strain on their joints. Individuals who have significant musculoskeletal problems (including back problems) or orthopedic surgery/injuries within the last six months must have a letter of clearance from their treating physician to be considered for approval, and Philmont should be contacted in advance of participation. Permission is not guaranteed. Ingrown toenails are a common problem and must be treated 30 days prior to arrival.

PSYCHOLOGICAL & EMOTIONAL DIFFICULTIES

Parents and Advisors should be aware that no High Adventure experience is designed to assist participants overcoming psychological or emotional difficulties. Experience demonstrates that these problems frequently become worse when a participant is under the stress of the physical and mental challenges of a remote wilderness setting. If a person has been prescribed medication for psychological or emotional reasons, he or she MUST bring an ample supply of medication and continue to take it throughout the entire Philmont experience. Visit Philmont's psychiatric webpage for more information.

HEIGHT & WEIGHT RESTRICTIONS

Philmont Scout Ranch has established weight limit guidelines. These measurements are used because overweight individuals are at a greater risk for heart disease, high blood pressure, stroke, altitude sickness, sleep problems and injury. Each participant's weight must be less than the maximum acceptable limit in the weight chart. Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont. They will be sent home.

For participants under 21 years old who exceed the maximum acceptable weight for height, the Philmont staff will use their judgement to determine if the youth can participate. Philmont will consider up to 20 pounds over the maximum acceptable weight limit; however, exceptions are not made automatically and discussion with Philmont in advance is required for any exception. Due to rescue equipment restriction and evacuation efforts from remote sites, under NO circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.

Participants planning to participate in the Cavalcade program or horse rides must not exceed 200 pounds.

HEIGHT/WEIGHT CHART

Height (inches)	Maximum Weight (lbs)						
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79+	295

RISK & PHYSICAL PREPAREDNESS

The Philmont experience is NOT risk-free. Staff will instruct participants in safety measures. Be prepared to listen to and follow these measures. Accept responsibility for the health and safety of yourself and others in your crew. Each participant must be able to carry 25 to 30 percent of their body weight while hiking 5 to 12 miles per day in an isolated mountain wilderness ranging from 6,500 to 12,000 feet in elevation over trails that are steep and rocky. Weather during summer and autumn includes temperatures from 30° to 100°F, low humidity (10 to 30 percent) and frequent, sometimes severe thunderstorms.

RISK ADVISORY

Philmont has an excellent health and safety record and strives to minimize risks to participants by emphasizing appropriate safety precautions. Because most participants are prepared, are conscious of risks and take safety precautions, they do not experience injuries. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions, work as a team with your crew and take responsibility for your own health and safety.

Philmont staff members are trained in first aid, CPR and accident prevention. They can assist the adult Advisors in recognizing, reacting to and responding to accidents, injuries and illnesses. Response times can be affected by location, terrain, weather or other emergencies and could be delayed for hours or even days in a wilderness setting.

All Philmont participants should understand potential health risks inherent at or above 6,700 feet in elevation in a dry Southwest environment. These include high elevation; a physically demanding high-adventure program in remote mountainous areas; camping while being exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat; and other potential problems, including injuries from tripping and falling, falls from horses and heat exhaustion. Native wild animals such as bears, rattlesnakes and mountain lions usually present little to no danger if proper precautions are taken.

PHYSICAL PREPARATION

To enjoy the Philmont experience participants must be physically prepared to carry a 35- to 50-pound backpack over steep, rocky trails at elevations ranging from 6,500 to 12,500 feet. A regular program of physical conditioning for at least three to six months prior to the trek is essential. A longer period of conditioning is required for those unaccustomed to physical exercise.

A program of regular aerobic exercise is highly recommended to become physically conditioned for Philmont. Plan to exercise for 30 to 60 minutes 3 to 5 times per week.

Jogging, running uphill, climbing long flights of stairs and hiking with a full backpack are excellent methods of preparation. How fast you run or how far you go is not nearly as important as regular exercise. Other aerobic exercises such as swimming, bicycling, stationary cycling and aerobic exercise classes can supplement your training. Start slowly and gradually increase the duration and intensity of your exercises. Start a journal to record your progress. If anyone has questions, have them contact their family physician or exercise physiologist.

Backpacking is the best way to prepare for a Philmont trek. It is highly recommended that everyone in a Philmont crew fulfill the requirements for the Backpacking Merit Badge. These include three 15-mile treks with two overnights each and one 5-day backpacking trek covering at least 30 miles. Fulfilling these requirements will enable you to enjoy a Philmont trek. The Venturing Backpacking pamphlet also has excellent tips for preparing for a Philmont trek. Be Prepared!

Select a hilly area for your training. Start with a short hike and a light pack. Increase the mileage and your pack weight as your training progresses. It is important to hike often enough while carrying a pack and wearing the boots that you will use at Philmont to toughen your feet and break in your boots.

Most of the crews that participate indicate on their elevation forms that additional physical training by all members of their crew would have been helpful.

SUGGESTED CONDITION PROGRAM

MONTH	CONDITIONING
December/January	Complete health history on individual medical form and get parental approval (signature).
	Be examined by a physician or osteopath. Call attention of the physician to note on the medical form that describes the rigors of a Philmont trek and to the box that indicated areas of medical concern. Ask the physician about any special medical needs or areas of concern. If overweight, get a physician's recommendation on how to lose weight through dieting and exercise in order to meet Philmont's height and weight requirements.
	Walk, jog in place, swim or ride a stationary bike for 20+ minutes at least 3 to 5 times per week. Gradually increase the length of time and intensity of exercises.
	Purchase a pair of quality hiking boots. A pair of boots 6 to 8 inches high with sturdy sole are recommended. Wear your boots to school or work and when walking anywhere to break them in and to condition yourself.
February/March	When weather permits, jog, run or walk outdoors. Start with 20-minute sessions and gradually increase the length and the incline or speed. While walking, begin to carry your backpack and gradually add weight to it.
April/May	Continue exercising. Schedule a couple of 5- to 10-mile day hikes and at least two overnight backpacking trips of 10 to 20 miles. Plan the second trek to cover more rugged

	terrain or increase the mileage. Whenever possible, hike in the boots that you will use on the trail and carry your backpack.
June/July	Continue exercising right up to the day you depart for Philmont. Come to Philmont in top physical and mental condition ready for backpacking with a 35 to 50-pound pack over steep, rugged trails at high elevations.

INSURANCE

The Philmont camper fee includes insurance coverage for health, accidents and sickness en route to and from home and while hiking the trails of Philmont. This policy is an Excess Insurance Plan, meaning that the plan will pay all those eligible expenses incurred from a covered accident or sickness not paid by any other collectible insurance or pre-paid health plan in force for you or a dependent child/children. If no other collectible insurance or pre-paid health plans are in effect at the time of the loss, this plan will pay all eligible covered expenses up to the plan limits. There is no deductible under this plan. Specific information about the camper's insurance plan will be included in the Advisor's Packet.

Name and policy number of the family policy must be noted on each medical form AND a copy of the insurance card (front and back) must be attached. If no insurance is in force, state NONE on the form.

TRAVEL & TRANSPORTATION

ARRIVAL & DEPARTURE

Many months of planning lead up to a crew's arrival at Philmont. Arrange your travel itinerary to arrive at Philmont between 8:00 a.m. and 10:00 a.m. on your SCHEDULED arrival day. It is preferable that you arrive the day before your scheduled arrival versus arriving later on your scheduled arrival day.

Your expedition begins with lunch on your arrival day (Day 1). You will come off the trail on Day 12 and depart Philmont after breakfast on Day 13. Please refer to your invoice for your specific arrival and departure dates. The Philmont fee covers 36 meals and 12 nights lodging, staff and program supplies. Prorating for missed meals is not available.

7-Day Treks will come off the trail on Day 7 and depart on Day 8. 9-Day Treks will come off the trail on Day 9 and depart on Day 10. Cavalcades will come off the trail on Day 8 and depart on Day 9.

If a crew finds that their travel arrangements require arriving or departing at times other than on scheduled days, Philmont recommends that groups utilize other alternatives. If it is necessary to arrive early or depart late, please enter the information in the Philmont Camping Gateway. All layovers are limited to one night before arrival and/or one night after trek completion.

To reduce the impact on other crews and program activities, early arrival crews must arrive prior to 7:00 p.m. This might require making overnight arrangements at other locations and arriving at Philmont in the morning on the regularly scheduled arrival day.

Scheduled expeditions will have priority, when it comes to Base Camp accommodations, over groups arriving early or departing late. All early arrivals/late departures will be assigned trail tents for lodging unless space is available in regular 7' x 9' wall tents on platforms with cots. The charge for additional meals is \$6 per person/per meal and extra lodging is \$6 per person/per night if you use your own tents or \$10 per person/per night if you use Philmont tents.

If a crew is delayed in-route due to some unexpected situation, please notify Philmont by calling (575) 376-2281 and ask for the Logistics Manager.

Your arrival time will determine your first meal at Philmont. Meals are served at the following times:

TRAILBOUND CREWS **HOMEBOUND CREWS** Breakfast - 6:30am Breakfast – 7:00am Lunch - 11:30am Lunch - 12:15pm Dinner - 4:45pm Dinner - 5:45pm

A continental breakfast option is available at 5:45 a.m. for groups departing Philmont very early. This must be arranged at the Registration Office upon arrival at Philmont.

As a courtesy to all groups in Base Camp (homebound and trailbound), please DO NOT plan to depart Philmont prior to 5:45 a.m. Early morning departures impact everyone's ability to obtain adequate rest. Planning an extra travel day could allow a crew to leave Philmont at a reasonable time, visit local attractions and position themselves closer to airports for early plane departures one day later.

COUNCIL CONTINGENT/MULTI-CREW GROUP

Philmont allows councils to make reservations for multiple crews. Councils may make these reservations in advance of the unit registration process. Among other benefits, Council Contingents and multi-crew groups provide the ability to speed up the check-in process for all crews in their reservation.

The reservation for a Council Contingent or multi-crew group provides Philmont with a single point of contact. If this contact person will not be an Advisor that will accompany the crews to Philmont, an "On-Site Contingent Advisor" should be designated among the Advisors travelling with the contingent.

The Day 1 check-in process has several steps. With a Council Contingent (or any unit reservation with four or more crews), the On-Site Contingent Advisor can handle these for the entire group.

Upon arrival at Philmont's Welcome Center, the On-Site Contingent Advisor should identify themselves to the Welcome Center staff. The first step in the check-in process for a Council Contingent or multiple-crew group is for the On-Site Contingent Advisor to go to Registration. They should take the Council Contingent/Group's records with them and be prepared to pay any outstanding fees the Council Contingent or Group has incurred. These may include outstanding camping fees, transportation charges, early arrival overnight, meal charges, etc. If each crew is individually responsible for these charges, they will be able to pay their charges when they individually check-in later at Registration. The On-Site Contingent Advisor should also have collected the following from EACH CREW in the contingent /group and take them to Registration:

- 1. Copy of online Crew Roster with any last-minute changes noted.
- 2. Two current certifications for Wilderness First Aid and CPR.
- 3. A check or other form of payment for any outstanding fees or charges.

After the On-Site Contingent Advisor has completed the Registration process, they can rejoin their crews to complete Base Camp procedures.

INDIVIDUAL CREW CHECK-IN

Individual crew advisors will need the following documents for individual crew check-in:

- 1. An acceptable form of payment for expedition balance fees, additional crew photos, transportation or any other potential charges that may be due by the individual crew.
- 2. Two current certifications from members of the crew for Wilderness First Aid and CPR.
- 3. Completed Annual Health and Medical Record with a copy of the health insurance card for each crew member, to be turned in at the Infirmary during Medical Re-check.

Not having these documents ready and filled out before arriving at Philmont will delay crews during Base Camp procedures and could result in a later departure for the trailhead on Day 2.

TRANSPORTATION

Arrival and Departure plans must be submitted in the Camping Gateway at least two weeks prior to your arrival at Philmont. Reservation Contacts and Lead Advisors will receive instruction on when and how to access the Camping Gateway. Any last minute changes to arrival information can be made by emailing Logistics at philmont.logistics@scouting.org or by calling (575) 376-2281 and asking for the Logistics Manager.

Philmont participants have found public carriers to be reliable transportation to the Ranch. Contact the representative of any of the following carriers for scheduling information and costs.

TRANSPORTATION SERVICES

<u>Philmont does not endorse any agency or vendor listed in this publication</u> but provides this information to assist groups in making travel and lodging arrangements.

- Airlines to Denver (270 miles from Philmont), Colorado Springs (190 miles from Philmont), Pueblo (159 miles from Philmont), Albuquerque (220 miles from Philmont) and Amarillo (220 miles from Philmont) – obtain chartered bus directly to Philmont.
- Charter bus service arranged at home direct to Philmont.
- Amtrak Train to Raton, NM; Philmont bus to and from Philmont (800-872-7245 or www.amtrak.com).
- Amtrak Train to Denver, CO; obtain charter bus directly to Philmont.

Inquire with airline reservation personnel about the possibility of supplemental chartered airline services offering packaged plans with reduced group rates. Review baggage fees and other airline related costs to include in the budget.

Travel companies serving Philmont include the following:

- **Blue Sky Adventures** (877-225-8375 or <u>www.blueskyadventures.net</u>) charter service from Albuquerque, Denver or Colorado Springs.
- **Cornerstone Bus Leasing & Rental** (844-496-8287 or www.cornerstonebusleasing.com/philmont-shuttle-rental-discount) Rental/Leasing of Mini-Bus Chassis from Denver or Colorado Springs.
- Go Shuttle, LLC (888-722-1483) van shuttle service from Denver and Colorado Springs.
- Greyhound Charter Services (800-454-2487 or www.greyhound.com)
- **Gray Line** of Colorado Springs (303-289-2841 or <u>joanie@coloradograyline.com</u>) provides transfer services to/from Philmont for groups or individuals from Colorado Springs Airport.
- **Gray Line** of Denver (303-289-2841 or <u>joann@coloradograyline.com</u>) provides daily transfer services to/from Philmont for groups or individuals from Denver International Airport and Denver Amtrak.
- Herrera Coaches, Inc (505-242-1108, fax: 505-242-1125)
- **Leading the Way Tours, Inc** (866-696-5073 or christine@leadingthewaytours.com) charter services from Colorado Springs, Denver or Albuquerque.
- Pacesetter (303-289-5637) provides service from Denver (airport or Amtrak) and Colorado Springs.
- **Premier Charters, Inc** (303-289-2222 or ryan@ridepremier.com) provides service from Denver and Colorado Springs.
- Ramblin' Express (800-772-6254 or 719-590-8687 or info@ramblinexpress.com) service in the Rocky Mountain region.

PRIVATE VEHICLES

This method of transportation should be used only with full assurance that vehicles are safe, and drivers are reliable. Make sure there is adequate insurance coverage for each vehicle. Review requirements found in the *Guide to Safe Scouting*. Information about automobile liability insurance requirements, motor vehicle and driver checklist, and using

automobiles, SUVs and vans can also be found in the Guide to Safe Scouting. Philmont is NOT responsible for vehicles parked in designated parking areas.

PHILMONT BUS SERVICE

Philmont provides round-trip bus transportation to and from the bus and train stations in Raton, NM at a cost of \$50.00 per person (subject to change) and to Cimarron, NM at a cost of \$15.00 per person. Buses are scheduled upon entering your Arrival Plans through the Camping Gateway. Because of commercial schedules, it may be necessary for you to eat in Raton prior to arriving at Philmont. If you arrive in Raton after 10:30am or 5:00pm, plan to eat a meal in town as you will not make it to Philmont in time for a scheduled meal. The shuttle bus driver will take you to a fast food location in Raton. This bus fee is payable on the day your crew checks-in at Philmont.

EMERGENCY TRANSPORTATION

Philmont will <u>assist</u> with transportation <u>arrangements</u> when a family emergency (death or serious illness) occurs during an expedition requiring a participant to return home or if a participant must return home for medical reasons. Be aware that transportation to airports may not be available at short notice and could be delayed before a participant is able to depart Philmont to an airport. Participants will be required to reimburse Philmont for any transportation services provided, including transportation to a required airport.

OVERNIGHT ACCOMMODATIONS NEAR PHILMONT

A list of all locations that offer low cost overnight accommodations for groups traveling to Philmont is available at https://www.philmontscoutranch.org/philmonttreks/travelingtophilmont/staynear/. Contact locations directly to make a reservation or seek specific information.

LODGING IN & AROUND CIMARRON, NM

Cimarron Canyon State Park P.O. Box 185 Eagle Nest, NM 87718 www.nmparks.com	Phone Number	Agency & Address	Location	Distance from Philmont
Eagle Nest, NM 87718 www.nmparks.com 575-445-3615 NRA Whittington Center P.O. Box 700 Raton, NM 87740 info@nrawc.org www.nrawc.org To miles SW of Raton on Highway 64 Cimarron, NM 87740 Cimarron, NM 31006 U.S. Highway 64 Cimarron, NM 87714 www.Ponilcampgrounds.com 575-445-5607 Sugarite Canyon State Park HCR 63, Box 386 Raton, NM 87740 www.nmparks.com 575-376-2268 Cimarron Inn & RV Park 212 E 10 th Street Cimarron, NM 87714 www.cimarroninn.com 575-376-2664 St. James Hotel 617 Collison Ave Cimarron, NM 87714	575-377-6271	Cimarron Canyon State Park	Ute Park, NM	20 miles
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Cimarron, NM 87714 www.cimarroninn.com 575-376-2664 St. James Hotel 617 Collison Ave Cimarron, NM 87714 Cimarron, NM 87714	575-376-2268	Cimarron Inn & RV Park	Cimarron, NM	5 miles
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617 Collison Ave Cimarron, NM 87714		www.cimarroninn.com		
Cimarron, NM 87714	575-376-2664	St. James Hotel	Cimarron, NM	4 miles
		617 Collison Ave		
www.exstjames.com		Cimarron, NM 87714		
		www.exstjames.com		

UPON ARRIVAL

DAY ONE AT PHILMONT

The first stop at Philmont will be the Welcome Center at Camping Headquarters. The crew will meet their Ranger/Horseman/Wrangler, obtain tent assignments and directions for parking.

Your Ranger/Horseman/Wrangler will guide you through a series of important check-in stops, each designed to help your crew prepare for your adventure.

Stops will include:

- Camping Headquarters
- Conservation Site Orientation
- **Emergency Information**
- Laundry
- Logistics Trip Planning
- Mail Room
- Marketing & Photo Services Crew Photo
- Outfitting Services Gear/Food Issue
- Philmont Infirmary Medical Recheck
- Security Lost and Found
- Shakedown
- **Tooth of Time Traders**

By planning ahead and using your time wisely, your crew will have time to visit the National Scouting Museum, Seton Memorial Library, Villa Philmonte, Kit Carson Museum at Rayado, Historic Chase Ranch and the Tooth of Time Traders. See The Guidebook to Adventure for more information.

TRADING POST – TOOTH OF TIME TRADERS

The Tooth of Time Traders carries gear that will cover all your crew gear and personal equipment needs, as well as Philmont souvenirs. To sign up for email updates and mailings, go to www.toothoftimetraders.com and register your account today. If you want further information or have any questions, you can email toothoftimetraders@scouting.org.

Start shopping at www.toothoftimetraders.com.

UNIFORMS

Philmont strongly recommends groups wear the BSA field uniform while in Base Camp, especially at chapel services, dinner and Opening and Closing campfires. The uniform is also appropriate for traveling to and from Philmont. It is NOT required on the trail.

The Tooth of Time Traders can produce custom t-shirts for your crew. Information can be found online at www.philmontcustom.com. They also carry a wide variety of Scouting t-shirts and other clothing. The use of Philmont logos is permitted provided they are manufactured by a BSA licensed vendor.

PACK RENTAL

Philmont maintains several different brands of internal and external frame backpacks for rent. This can be helpful for participants who find that their pack is not the correct size, is not durable enough for Philmont's trails or are not able to purchase a backpack for the trek. Philmont rents packs, with a pack cover, for \$30 for the duration of the trek.

PHOTO TALENT RELEASE

All Philmont Scout Ranch participants are informed that photographs, films, electronic representations and/or sound recordings may be made during their visit to Philmont Scout Ranch. These images may be used for training and promotion purposes for Philmont Scout Ranch and other projects approved by the Boy Scouts of America.

Each participant, by completing the Annual Health and Medical Record "Part A: Informed Consent, Release Agreement and Authorization", will fulfill the necessary Photo (Talent) Release requirements for Philmont Scout Ranch. (For complete statement, please refer to Part A of the Annual Health and Medical Record).

FISHING LICENSES

Fishing licenses for participants under 18 years old may be purchased at the Tooth of Time Traders OR at backcountry camps that offer fishing programs. The cost of a ten-day license is \$2.00.

All participants 18 years old or older will be required to purchase a fishing license from New Mexico Department of Game and Fish. A special online kiosk at the Tooth of Time Traders will be available to help participants obtain their licenses. Fishing licenses for participants 18 years old and older will NOT be available for purchase in the backcountry.

Fees for nonresident fishers will be as follows:

- $1 \, day = 12
- 5 days = \$24
- Annual = \$56

If you are purchasing a one-day or five-day license, we recommend that you do so after you arrive at Philmont so that we may help you align the actual fishing days with your itinerary before purchasing a non-refundable license.

The New Mexico Department of Game and Fish requires each applicant to create an online profile with a username and password. The system will assign the applicant a unique Customer Identification Number (CIN). You can speed up the process to obtain your license at Philmont by obtaining this information before your arrival. http://www.wildlife.state.nm.us/fishing/licenses-permits/

DRONES

Philmont does NOT allow participants or seasonal staff to use drones for any purpose.

CREW LOCKERS & SECURITY

Philmont provides crew lockers and safekeeping storage services for crews. Crew lockers (2'x2'x3') are available for items not needed on the trail. These lockers are limited and groups traveling by private vehicle will be asked to store items in their vehicles. Crews using lockers will be limited to two lockers based on availability. Safekeeping storage is available for valuables such as tickets, cash, credit cards, etc. Items are sealed in envelopes and placed in a safe located at Camping Headquarters. Never leave valuables in tents or unattended. Philmont is not responsible for lost or stolen items.

SHIPPING PROCEDURES

There are many different items that you may need to ship to Philmont, some of which may have specific shipping requirements. Fuel and stoves are some of the most common items shipped to Philmont, but the information below applies to any item that needs to be shipped to the Ranch.

Philmont requires crews to use backpacking stoves. Visit www.toothoftimetraders.com for information on fuel for your Philmont Expedition. White gas and isobutene/propane fuel type canisters will be available at Camping Headquarters and Trading Posts/Commissaries along your itinerary in the backcountry. All liquid fuel containers should be spun aluminum or hard plastic bottles designed to carry fuel.

If you are traveling by commercial transportation, you will need to ship your stoves and fuel bottles by United States Postal Service (USPS), United Parcel Service (UPS) or FedEx. Your package must be sent using ground service only.

If you plan to ship your stoves and fuel bottles, please follow the steps below:

- 1. Wash fuel bottles with hot, soapy water and air dry for at least 24 hours.
- 2. Purge stoves with attached tanks until they sputter and go out.
- 3. Box stoves and fuel bottles. Do NOT ship matches, lighters, compressed fuel canisters or other hazardous materials.
- 4. Use the following address to ensure that you receive your stove and fuel bottles:

Advisor's Name, Expedition Number

47 Caballo Road

Cimarron, NM 87714

- 5. This address can also be used for participant mail and packages which will be delivered to the Base Camp Mail Room. Please ship your packages at least two weeks prior to your arrival to allow ample time for delivery.
- 6. If you are using UPS or FedEx, we strongly recommend that you obtain a prepaid return shipping label. Without a prepaid return shipping label, Philmont Mail Room staff will assist you in shipping your items home with either USPS or UPS.
- 7. At the conclusion of your expedition, the Philmont Mail Room staff will coordinate the shipping of your items home. Similar steps in preparing your stoves and fuel bottles are required. Stoves with attached tanks must be purged and fuel bottles must be washed with hot, soapy water. The Mail Room will allow the items to dry before the boxes are sealed and shipped. This part of the process will usually take place after your crew has departed. Return instruction sheets are provided when you arrive at Philmont.

Philmont works closely with the local US Post Office and UPS. These procedures must be followed closely to comply with all regulations to ensure that your stoves and fuel bottles are shipped properly.

EMERGENCY MESSAGES FROM HOME OR WORK

While at Philmont, your crew will be in the backcountry and will NOT be able to receive messages from home or work. In the event of an emergency, call Philmont at (575) 376-2281. If it is possible to get a message to a crew member, it may take between several hours and a day to deliver the message. It may not be possible for the crew member to return the message. Because of this, all crew members should make appropriate arrangements for others to conduct their business for the duration of the trek.

SMARTPHONES

In an age of technology, smartphones are a common tool used in everyday life. While backpacking in the wilderness of Philmont is an experience best enjoyed without the distractions of technology, Philmont recognizes that their use is more common than ever. Photographs and videos can be taken on these phones, and solar chargers are widely available, as well as a number of useful outdoor apps.

If it is imperative that a smart phone be taken on the trail, please ensure that it is being utilized in a way that enhances the Philmont experience, and does not detract from the adventure for your crew or that of other crews on the trail. Download apps that will help the learning experience. Find a good stars/constellation app, an animal tracks/scat/calls app or compare bird calls you hear on the trail with a bird call app. Reserve texting and phone calls for emergency use only. Also, keep in mind that there are NO OPPORTUNITIES on the trail or in any backcountry camp to ever recharge a smart phone, camera or other electronic device.

RESOURCES

- Training videos for your Philmont trek https://www.youtube.com/playlist?list=PLknEzfYTrwSHzX3WH P4 ckd9yeJpvjVw
- Shakedown guide https://www.philmontscoutranch.org/philmonttreks/shakedown/

OTHER OPPORTUNITIES

Exhibits at the four Philmont museums recount Philmont's rich historical past. They are open every day, and you will have the opportunity to visit them either at the beginning or the end of your trek. There is no admission charge.

PHILMONT MUSEUMS

NATIONAL SCOUTING MUSEUM—SETON MEMORIAL LIBRARY

Located across the road from Camping Headquarters, the National Scouting Museum houses history exhibits related to the Philmont area and worldwide Scouting history. The Seton Memorial Library is home to the personal art, library and anthropological collections of the founder and first Chief Scout of the Boy Scouts of America, Ernest Thompson Seton. The Museum Gift Shop carries a wide variety of Native American jewelry, carvings, blankets, Southwestern books and other specialty items appropriate as mementos of your Philmont trek.

KIT CARSON MUSEUM AT RAYADO

Philmont lies on part of a land grant given to Carlos Beaubien and Guadalupe Miranda by the Mexican government in 1841. Mountain man Lucien Maxwell founded a colony on the grant on the Rayado River in 1848. A year later, he was joined at the settlement by frontiersman Kit Carson. In 1951, the Boy Scouts of America constructed an adobe museum at Rayado to serve as an interpretive area to portray the area's history. It was named in honor of Kit Carson.

Staff at the Kit Carson Museum dress in period clothing and demonstrate frontier skills and crafts like blacksmithing, cooking, shooting and farming. Each room in the museum is outfitted with reproduction furniture and objects typical of New Mexico in the 1850s. The Rayado Trading Company, located at the museum, sells books, maps, reproduction tools and equipment, moccasins and blankets. You can also tour the historic Maxwell-Abreu house, dated around 1847.

Kit Carson Museum is located seven miles south of Camping Headquarters. Bus transportation to and from the museum is available from Camping Headquarters each day. Large groups should schedule through Logistics before going to the Kit Carson Museum. Rayado is a registered historical site on the Santa Fe National Historic Trail.

VILLA PHILMONTE

When Waite Phillips gave Philmont to the Boy Scouts of America in 1941, he included in the gift his palatial summer home, the Villa Philmonte. Philmont maintains and preserves the "Big House" as a memorial to Phillips and his generosity to the BSA. It is listed on the National Register of Historic Places. Tours of the Villa may be scheduled at the National Scouting Museum.

HISTORIC CHASE RANCH

Since 2013, Philmont has managed the historic Chase Ranch, founded in 1869 and operated successfully by the Chase family for over 140 years. The Ranch is famous for its role in establishing the ranching industry in New Mexico territory, as well as hosting famous visitors such as Lew Wallace and Clay Allison. The Ranch House, built in 1871, is open for tours daily. Knowledgeable staff help visitors experience this important piece of western history, showcasing everything from dinosaur bones and local Native American relics to ranching equipment and fine art.

The Chase Ranch is located seven miles north of Camping Headquarters. Bus transportation is available daily. Arrangements for this transportation should be scheduled through Logistics.

INDIVIDUAL TREK OPPORTUNITIES

RAYADO

Older Scouts and Venturers who have mastered basic outdoor skills should consider applying for the challenging and selective Rayado trek program. Rayado participants will experience more of Philmont's backcountry and will have program opportunities not available to participants on 12-Day, 9-Day or 7-Day treks. The Rayado program, is unparalleled for developing outdoor leadership, group dynamics, wilderness problem solving and advanced outdoor skills. A Rayado trek encourages participants to attain a high level of personal growth and self-reliance. Rayado is a 21day program. Participants depart the morning of the 21st day. (July 10 and August 8 are departure dates).

2020 Dates & Fees		
Sessions/Dates #1: June 20 – July 10		
	#2: July 19 – August 8	
Cost	2020 = \$845	
Age	15 by program start date;	
	not yet 21 by program conclusion	
Length	20 days and nights	

RANCH HANDS

Ranch Hands is a program for Scouts and Venturers who have knowledge of horsemanship/horse care and want to expand their skills and experience. The Ranch Hands crew will spend eight days working in the ranching department hauling hay, saddling, carrying out daily chores and completing other horse program tasks. Then, they will participate in their own special Cavalcade itinerary for eight days. Ranch Hands is a 16-day program. Participants will depart the morning of the 17th day. (July 23 is a departure date).

2020 Dates & Fees		
Sessions/Dates	#1: July 7 – July 23	
Cost	2020 = \$300	
Age	16 by program start date;	
	not yet 21 by program conclusion	
Length	16 days and nights	

TRAIL CREW TREK (TCT)

Trail Crew Trek (TCT) is a coed educational program focused on conservation and leadership development. TCT is a 14day program that involves seven days of trail building, a seven-day educational trek throughout Philmont, hands-on experience with a variety of conservation projects and visits from guest speakers involved in conservation and resource management. TCT provides a strong foundation for participants to become involved in service through conservation. Participants depart the morning of the 15th day. (June 27, July 18 and August 8 are departure dates).

2020 Dates & Fees		
Sessions/Dates	#1: June 12 – June 26	
	#2: July 3 – July 17	
	#3: July 24 – August 7	
Cost	2020 = \$325	
Age	16 by program start date; not yet 21	
	by program conclusion	
	not yet 21 by program conclusion	
Length	14 days and nights	

ORDER OF THE ARROW TRAIL CREW (OATC)

In partnership with the Order of the Arrow, Philmont offers an opportunity to join other Arrowmen in cheerful service and the formation of lasting brotherhood on the trails here at Philmont. The first week focuses on trail construction and maintenance under the guidance of Philmont trail crew foremen. The second week is a seven-day backpacking trek that is designed by the participants. The OATC is a 14-day program. Participants depart the morning of the 15th day. (June 22 & 29, July 6, 13, 20 & 27, and August 3, 10, & 17 are departure dates).

2020 Dates & Fees	
Sessions/Dates	#1: June 8 – June 22 (co-ed)
	#2: June 15 – June 29
	#3: June 22 – July 6
	#4: June 29 – July 13 (co-ed)
	#5: July 6 – July 20
	#6: July 13 – July 27
	#7: July 20 – August 3 (co-ed)
	#8: July 27 – August 10
	#9: August 3 – August 17
Cost	2020 = \$325
Age	16 by program start date;
	not yet 21 by program conclusion
Length	14 days and nights

ROVING OUTDOOR CONSERVATION SCHOOL (ROCS)

The Roving Outdoor Conservation School is an exciting program for Scout and Venturers who have an interest in conservation, environmental science and natural resource management. ROCS offers participants hands-on experience in conservation and environmental science. As the crew hikes the Ranch, they will camp in different forest types and participate in activities in the following areas: forestry, fire ecology, insects, fisheries management, wildlife management, geology, plant identification, dendrology, watershed management and range management. In addition, part of the trek will practice Leave No Trace and Tread Lightly principles. ROCS is a 21-day program. Participants depart the morning of the 22nd day (July 6, 14, and August 2 are departure dates).

2020 Dates & Fees		
Sessions/Dates	#1: June 15 – July 6	
	#2: June 23 – July 14	
	#3: July 12 – August 2	
Cost	2020 = \$600	
Age	16 by program start date;	
	not yet 21 by program conclusion	
Length	21 days and nights	

STEM TREK

The STEM Trek is an exciting program for Scouts and Venturers that are looking to enjoy a 12-Day trek throughout Philmont's rugged mountain wilderness while learning about science, technology, engineering and mathematics in the process. Hike and learn about forestry, wildlife management, geology, botany, watershed management, physics, chemistry, astronomy, stream ecology and range management. STEM Trek participants will hike alongside Philmont staff with academic backgrounds in the subject matter and who have experience with outdoor education. Participants depart the morning of the 13th day. (July 22, 28, and August 3 are departure dates).

2020 Dates & Fees		
Sessions/Dates	#1: June 13 – June 20	
	#2: July 15 – July 27 (12 days)	
	#3: July 23 – August 30	
Cost	2020 = \$1,025 12-day	
	2020 = \$620 7-day	
Age	14 by program start date;	
	not yet 21 by program conclusion	
Length	7 or 12 days and nights	

FALL & WINTER PROGRAMS

AUTUMN ADVENTURE

The fall is a great time to experience Philmont. Autumn Adventure treks are scheduled from September through October. Each trek can be customized to fit the schedule of the group attending and can vary from a leisurely day hike to an extended backpacking expedition.

Autumn Adventure is open to crews of 8 to 12 participants accompanied by an Autumn Adventure Guide. Larger groups are organized into multiple crews. A crew may be assembled from a Scouts BSA Troop, Venturing Crew, Explorer Post or an all-adult group such as a unit, district or council committee members. All participants must be registered members of the BSA.

Youth participants must be at least 14 years old or in 8th grade and at least 13 years old at the time of participation. Youth groups must be accompanied by at least two adult leaders. Coed youth groups must have at least one adult male and one female adult Advisor.

Every participant is required to have a current medical examination within the previous 12 months and meet requirements for physical condition. Philmont requires at least one crew member be certified in Wilderness First Aid and CPR.

The following programs are offered through Autumn Adventure:

- All-Adult Trek A great opportunity for team building and planning for your unit, district or council. What better way to bring a group together than fly fishing on the Rayado Creek or enjoying the changing aspen?
- Rock Climbing Trek This hands-on experience focuses on skills and interests related to rock climbing. Try your hand at climbing various types of rock including sandstone and dacite porphyry. Limited spots available.
- Mountain Bike Trek Cover more ground with this exciting program. Travel the backcountry roads and trails on two wheels. Must be comfortable spending extended time on a mountain bike. Limited spots available.
- Backpacking Trek A great experience for Scouts during fall break. This experience is for crews of 8 to 12 members with youth giving leadership to crew. Go for your 50-Miler Award or enjoy the backcountry while focusing on rank advancement and merit badges.
- Fly Fishing Trek Tie some flies and cast away along the beautiful water features at Philmont Scout Ranch. This program focuses mainly on fishing and hopefully some catching as well. Limited spots available.

- Council/Group Planning Retreat Gain familiarity with the Ranch including pre-trek planning and training, remote locations in the backcountry and the skills required to achieve success at Philmont. This program can be more focused in Base Camp or the backcountry, as desired.
- Family Retreat Strip away the distractions of everyday life and spend some time getting to know your family. This program is hosted by Philmont's Training Center and caters to your family needs with roofed housing, activity centers and transportation to scenic nearby attractions.

WINTER ADVENTURE

Participants in Winter Adventure learn to camp comfortably in cold weather and enjoy Philmont's beauty in winter. After an initial training session, several program options are available to each group depending on its interests, the weather, and snow conditions. Crews hike through the backcountry, sleep in tents or snow shelters and participate in activities such as ski touring and snowshoeing, snow shelter building, winter ecology, Search and Rescue Merit Badge and avalanche beacon education.

Winter Adventure expeditions are scheduled around weekends from late December through March. The Winter Adventure program is available to crews of 6 to 12 participants, who will be accompanied by a Winter Adventure Guide. A crew may be assembled from a Troop, Crew, Post, or Ship and must have a majority of youth participants. All participants must be registered members of the BSA.

Each crew must have at least two registered adult Advisors and must be at least 21 years old. For coed Venturing Crews and Explorer Posts, there must be a male and female Advisor, both at least 21 years old. Youth participants must be at least 14 years old or in 8th grade and at least 13 years old at the time of participation.

Every participant must be in good physical condition and present an Annual BSA Health and Medical Record form with a current medical examination that has been filled out by their physician within the past 12 months.

A typical Winter Adventure trek lasts three days, scheduled over a weekend, but the length of the trek can be adjusted to fit the schedule of the group attending. However, groups that wish to limit their trek to only the weekend will have limited time for program activities.

- Special Holiday Program Philmont offers a special deal on Winter Adventure between Christmas and New Year's Day.
- Cold Weather Camping Program Winter Adventure is a program which teaches participants how to camp comfortably during cold winter months. With the help of a trained Winter Adventure Guide, you will learn to camp, cross-country ski and build snow shelters. Winter Adventure's main goal is to teach crews how to be "comfortably cool" while out in the cold, giving Scouts skills to take home and use in their own cold weather camping programs.
- Downhill Skiing Package For a small extra fee, you may add a day of downhill skiing at the beautiful Red River Ski Resort when you participate in Winter Adventure.
- Cross Country Skiing Package For a small extra fee, you may add a day of cross country skiing at the Enchanted Forest Cross Country Ski Area when you participate in Winter Adventure.

Leave No Trace Master Educator Course

The five-day Master Educator course is designed for people who are actively teaching outdoor skills or providing recreation information to the public. This valuable training is recognized throughout the world by the outdoor industry, land management agencies, and the outdoor recreation community. Master Educators can train others in Leave No Trace skills as well as facilitate Leave No Trace Trainer courses and awareness workshops.

This course is offered during one week of the Autumn Adventure season. Please contact Philmont Registration for additional information.