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**Philmont First Aid and CPR requirements**

Beginning in 2025, Philmont began requiring each crew to have three participants trained in wilderness first aid and three with appropriate CPR training. They must also be able to show certification documents upon arrival. With two wilderness first aid-trained participants on each trek, we hope that the crew will be better able to handle minor medical issues as well as emergencies and keep as many participants on the trail as possible. Either youth or adult participants can meet these requirements.

First aid and CPR training should be completed early in preparation for your Philmont adventure; some of these classes fill up quickly.

**CPR Requirements:**

 Philmont requires that at least three crew members have CPR training before attending a Philmont trek.

Philmont will accept CPR training from any recognized institution as long as it is both didactic and hands-on. Training should include recognition of and treatment for adult cardiac arrest, respiratory arrest, AED use, and airway obstruction. Training agencies must issue each participant a card or certificate that will need to be uploaded to the Philmont Gateway as part of completing your crew roster.

**Wilderness First aid Requirements:**

Philmont requires a minimum of a sixteen-hour wilderness first Aid training course. This training is important as it may take several hours for Philmont staff to reach a remote backcountry location after a message is delivered for help. Wilderness First Aid training allows for proper and prompt attention to be provided for injuries and/or illnesses. When completing the crew roster, you must upload a completion certificate to the Philmont Gateway.

The Boy Scouts of America has worked closely with the American Red Cross and the Emergency and Safety Institute (ECSI) to help councils become self-sufficient in teaching First Aid Courses. Wilderness First Aid is specified in these agreements. Visit your council service center for more information about implementing the agreements that are working in your council.

**Accepted Wilderness First Aid Course Providers**

* American Red Cross – [www.redcross.org](http://www.redcross.org)
* American Safety and Health Institute (ASHI) – [www.ashinstitute.org](http://www.ashinstitute.org)
* Emergency Care and Safety Institute – [www.ECSInstitute.org](http://www.ECSInstitute.org) – Wilderness First Aid Advanced Level Course
* National Safety Council – [www.nsc.org](http://www.nsc.org) – NCS Advanced First Aid
* National Ski Patrol – [www.nsp.org](http://www.nsp.org) – Outdoor Emergency Care
* Remote Medical International – [www.remotemedical.com](http://www.remotemedical.com)
* Sierra Rescue – [www.sierrarescue.com](http://www.sierrarescue.com)
* SOLO – [www.soloschools.com](http://www.soloschools.com)
* The Mountaineers – [www.mountaineers.org](http://www.mountaineers.org) – Mountaineering Oriented First Aid
* Wilderness Medical Associates (WMA) – [www.wildmed.com](http://www.wildmed.com)
* Wilderness Medicine Institute (WMI) – [www.nols.com/wmi/](http://www.nols.com/wmi/)
* Wilderness Medicine Outfitters – [www.wildernessmedicine.com](http://www.wildernessmedicine.com) – (Distance Learning course does NOT qualify)
* Wilderness Medicine Training Center – [www.wildmedcenter.com](http://www.wildmedcenter.com)
* Wilderness Safety Council – [www.wfa.net](http://www.wfa.net)
* Wilderness Safety & Emergency Response (W.I.S.E.R.) – [www.wiser-wfr.com](http://www.wiser-wfr.com)

Philmont will alternately accept the following advanced levels of training. A copy of the current applicable license or certification must be shared with Philmont during the registration process:

* Wilderness First Responder
* Outdoor Emergency Care/Ski Patrol
* EMT-Basic, EMT-Advanced, or Paramedic
* Military Corpsman, Medic, or Equivalent Medical Training
* Registered Nurse
* Licensed Nurse Practitioner
* Licensed Physician’s Assistant
* Licensed Physician, MD or DO